

WHAT YOU NEED TO KNOW ABOUT THE LCS ELEMENTARY PE ARCHERY UNIT



WHAT TO EXPECT

This year our Archery Unit will be 5 weeks.

- Students will tie a string bow to their wingspan specifications in class and will begin practicing the NASP 11 Steps to Archery Success.
- Students must complete and receive a passing grade with complete knowledge and ability to physically demonstrate the NASP 11 Steps to Archery Success in order to participate when our gym converts into an archery range. Students who have not passed, may continue practicing with their string bow and can re-test outside of our regularly schedule PE special when they feel ready.
 - *In order to be successful, it is highly recommended that students practice the 11 steps at home as we are still limited to 30 minutes during our PE special (totaling 60 minutes for the week).*
- The National Archery in the Schools Program requires that all students who participate in the program use standardized equipment in order to make competition fair for everyone. Students are required to use a Genesis™ Compound Bow by Mathews, Inc. and Easton Model 1820 30" arrows. Sights and other modifications to the equipment are not allowed. LCS will provide all equipment necessary.
- Students will receive an archery study guide they will use to learn about archery safety, range rules, Genesis Bow specifics and parts, Easton Genesis Target Arrows, 11 steps and definitions, archery scoring, etc.,. **There will be an ARCHERY FINAL test.**

SAFETY

Safety is my #1 concern during our Archery unit. There is currently a zero accident record since the beginning of the National Archery in the Schools program in 2002. Students will be instructed on and required to **strictly follow all safety and behavior rules.** If a student breaks any safety or behavior rules **no warning will be given;**

- the student will be immediately removed from participating and will forfeit their participation in archery for that day.
- they will lose participation and conduct points for the day.
- they will receive a conduct report in RenWeb.
- they must bring a behavioral notice home and have it signed by their parent in order to attend and participate in PE for the remainder of the archery unit.
- *If a student is removed from archery 2x within the archery unit they will forfeit ALL PARTICIPATION for the remainder of the unit and must sit in the office during their regularly scheduled PE special.*

PRIVILEGE

If a student receives a behavioral tally/conduct* in their homeroom classroom on the day of archery they will forfeit their active participation during PE that day. (*This will be at the discretion of their teacher(s) and myself).

REQUIRED FROM HOME TO PARTICIPATE

- A signed release waiver (attached) must be returned to Mrs. Wolff in order to participate on the archery range.
Due: February 21
- Students must purchase and bring to class 90 inches of paracord (aka Parachute Cord). Due: February 15
 - Please pre-cut the paracord bundle to 90 inches for your child.
 - When paracord is cut the ends will fray slightly so you will want to heat up the cut end(s) with a flame (match/lighter) and gently tap the hot paracord end on a hard surface. Due to the limited amount of time I have with your child, we will not have time to cut paracord and learn the vast amount of information this unit requires. Thank you for your assistance with this very important



Paracord can be found in many local stores (Walmart, JoAnn's Fabric, Hobby Lobby, Craft Warehouse, Michaels) and will typically cost \$2.75-\$3.00 per bundle. Students can choose whatever color they want; look for paracord 550. For families with two students in 4th - 6th grade one 16 foot bundle will create 2 string bows.

Your child only needs approximately 90 INCHES to create their string bow in class.

**5th & 6th grade students can use the paracord they used last year if they still have it.



GRADING

Students will receive grades on the following:

- 11 steps to archery success (must receive a passing knowledge and demonstration grade in order to participate on the archery range)
- daily participation and conduct
- preparedness: bringing their Archery Study Guide and String Bow to every PE class
- archery assignments & final test

Parental/Guardian Consent and Release for NASP Program Participation

(To be completed by parent or legal guardian only)

I, _____, do hereby consent to allow _____
(Name of Parent/Legal Guardian) (Name of Student)

to participate in the National Archery in the Schools Program during Elementary PE at Liberty Christian School, and in the event of injury or accident to my child, do hereby release, discharge, absolve and hold harmless National Archery in the Schools Program, WA State Archery Association, WA Division of Fish and Wildlife, and Liberty Christian School, its officers, employees, volunteers, leaders, instructors, and coaches from any and all liability or responsibility thereof, from this date to the end of time.

I also understand that no archery equipment of any kind may be brought from home and that anyone ignoring or not following rules and expectations may be sidelined or removed from the program immediately.

(Signature of Parent/Legal Guardian)

(Date)

PLEASE BRING COMPLETED FORM BY February 21, 2017

FAILURE TO RETURN THIS FORM WILL FORFEIT PARTICIPATION ON THE ARCHERY RANGE



National Archery in the Schools Program